


EAT WELL  
TO EXCEL

**MENU 3 Week commencing: 4 March 2019**

**£2.20 per day/FS, Year 1 & Year 2 Eat for Free**

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<b>Main Course:</b>	Mild Beef Chilli 50/50 Rice	Chicken Pie with Mashed Potato & Gravy	Roast Beef & Yorkshire Pudding with Roast Potatoes	Homemade Tuna & Cheese Pizza with Pasta	Sausages with Chips
<b>Vegetables:</b>	Peas Sweetcorn	Cauliflower Broccoli	Cabbage Carrots	Sweetcorn Peas	Baked Beans Mushy Peas
<b>Fresh Bread:</b>	Homemade Bread	Homemade Bread	Homemade Bread	Homemade Bread	Homemade Bread
<b>Salad:</b>	Mixed Salad	Mixed Salad	Mixed Salad	Mixed Salad	Mixed Salad
<b>Dessert:</b> 	Jelly & Fruit Coconut Biscuits	Chocolate Fudge Cake with Chocolate Custard Cheese & Biscuits	Pinwheel Biscuits Fruit Crumble & Custard	Jelly & Fruit Raspberry Mousse Slice	Mousse Tubs Ginger Biscuits
<b>Vegetarian Option: (Pre-ordered &amp; Dietary Need only)</b>	Cheese & Potato Loaded Potato Skins	Country Quorn & Vegetable Pasta Bake	Quorn Mince Lasagne with New Potatoes	Homemade Cheese & Tomato Pizza with Pasta	Veggie Burger with Chips
<b>Jacket Potato:</b>	*****AVAILABLE DAILY WITH A CHOICE OF TUNA, CHEESE & BEANS.***** ORDERS MUST BE PLACED ON MONDAY FOR THE WEEK				

Yoghurts  , Fruit Pots  , or Milk  are also available everyday as a dessert selection.

Dinners should be paid for on the day taken or in advance. You can pay for school meals on-line via the School Gateway.

If your child has food allergies or intolerances please speak to a member of the office staff.